



COVID-19 EVENT PROTOCOLS FOR APRIL 9-11th AND APRIL 16-18th 2021

The OZ Trails U.S. Pro Cup p/b Experience Fayetteville is committed to putting on a safe race environment and will be adhering to C.D.C., Arkansas state and U.S.A. Cycling best practices.

The following pages depict some of the protocols that will be in place to help with participant and staff safety. **Please note, as the COVID situation continues to develop the protocol may also change.** The final protocol will be emailed to all participants and posted on the event website the week of the race.

As always, safety starts with you. If you are sick stay home, regardless if it is COVID related or not. Certainly, stay home if you have any COVID symptoms or have come in contact with someone who has tested positive for COVID or you yourself have **tested positive within 14 days of your race start.** Please reference athlete check list below in this document.

Lastly, please follow all event signage and staff instruction while at the event. It's a tough and thankless job, so please don't give our staff any hassle for enforcing rules that are for everyone's well-being.

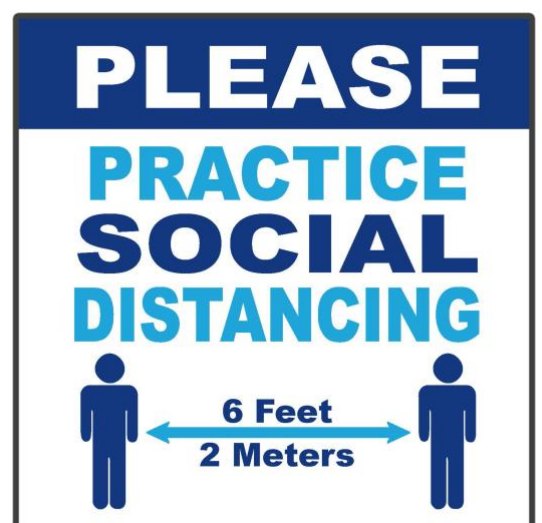
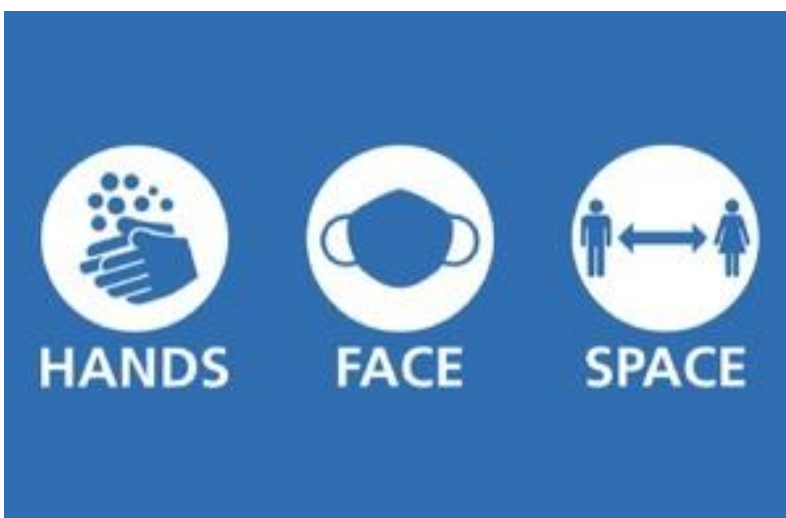
Sincerely,

US Cup Group



General Event COVID 19 Protocol

- Masks required at all times when social distancing standards cannot be met while at race venue.
- Avoid touching, hugging and gathering in large groups.
- Wash hands frequently.
- No spitting or yelling.
- Cough and sneeze into the crease of your arm.
- Dedicated COVID staff will be in place at high traffic areas to ensure mask wearing and social distancing is being observed.
- Anyone not following guidelines or ignoring staff instructions will be asked to leave venue.
- Hand sanitizer available at high traffic areas.
- Handwashing stations at portable restrooms.
- Bring your own sanitizer and other hygiene products.
- COVID signage will be throughout the venue reminding participants to social distance and wear mask.
- Race will held in open outdoor setting for low volume crowds.
- Spectator attendance to be determined a few weeks out from event.
- Please review USA Cycling rider health check list prior to attending event.





RIDER RECOMMENDATIONS

BEFORE ATTENDING A CYCLING EVENT

- ☑ Know how [COVID-19 spreads](#)
- ☑ Know the [symptoms of COVID-19](#)
- ☑ Don't travel if you are sick or are with someone who is sick
- ☑ Determine if you are at [higher risk for severe illness](#) and if you are, don't travel
- ☑ Consider the possible risks you might encounter during [travel](#)
- ☑ Consider who you are traveling back to and what risk you might be exposing them to. Is anyone considered [high risk](#) that you will be returning to?

TRAVELING TO & ATTENDING EVENT

- ☑ Wash your hands often with soap and water for at least 20 seconds (or alcohol based sanitizer with at least 60% alcohol)
- ☑ Avoid close contact with others (maintain 6' social distancing)
- ☑ Cover your mouth and nose with a cloth face cover when around others
- ☑ Cover coughs and sneezes
- ☑ Clean and disinfect everything
- ☑ Avoid touching your eyes, nose, or mouth with unwashed hands
- ☑ Bring all necessary liquids and foods to be able to provide for yourself



Registration Protocols

- **Online pre-event registration only. You will be turned away if you try to sign up the day of your event.**
- **Register at [USCUPMTB.com](https://www.uscupmtb.com)**
- **Registration for each race will close on each Thursday leading into the event weekend at 8pm central standard time.**

Packet Pickup:

- **Packet pickup will be an outdoor open setting to ensure maximum ventilation.**
- **Packet pickup will be done by last name. Please bring your mobile USA Cycling confirmation license ID to packet pick up.**
- **U.C.I. riders will need to show U.C.I. license at packet pickup.**
- **Touchless temperature check at time of packet pickup. Anyone showing signs of fever at or above 100.4 degrees will not be allowed to race. (100.4 is the C.D.C. threshold for fever).**
- **Social distancing lanes and markings will be in place at packet pickup.**
- **Mask mandatory for packet pickup.**
- **No Loitering at or near registration area.**

Number plates:

- **Bring your own zip ties to install your number plate.**

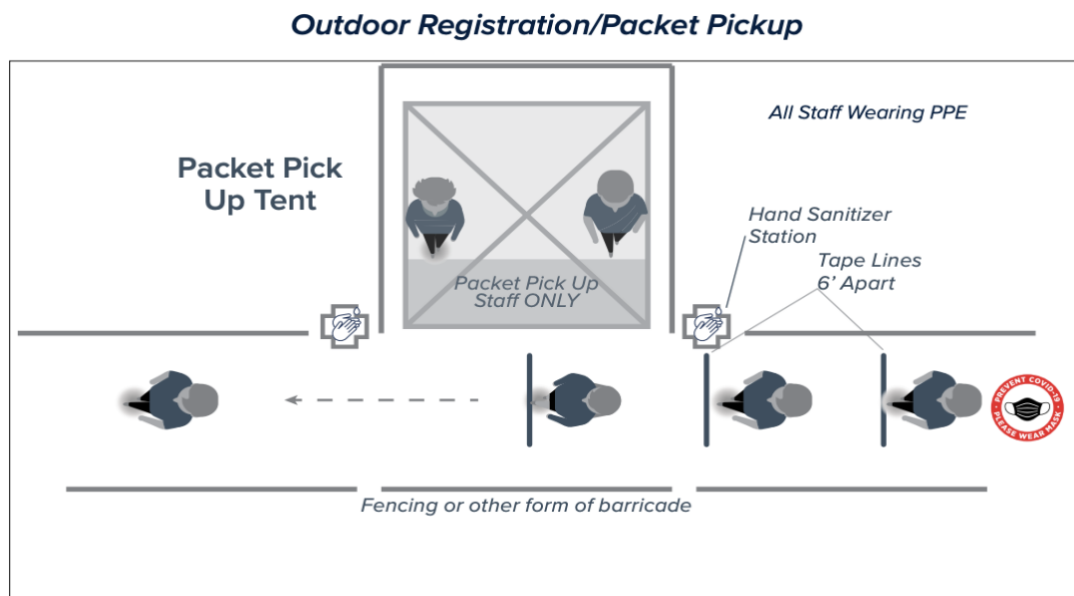


Diagram courtesy of USA Cycling



Race Protocols

Event and race staff:

- All event officials and race team staff will be required to wear masks at start/finish and in U.C.I. tech/feed zone. No exceptions.
- Mask required anytime social distancing standards cannot be met.
- U.C.I. teams will be allowed up to two staff members per rider for tech/feed zone.
- Anyone disregarding U.C.I. tech/feed zone rules, rider of said team will be docked race positions per U.C.I. head referee discretion.

Open practice day(s):

- No mask will be required for riders while out on course for open practice day, as long as you maintain social distancing standards.
- Please do not ride in big groups or stop and loiter out on course.
- Mask required at all other times while at venue.

Racer start and staging:

- The neck “buff” provided with event grab bag is mandatory for staging and race start for all racers.
- Racers may use personal neck buff, bandana or similar product that properly covers their face.
- Neck buff can be lowered around neck once your race is underway or as instructed by the starting official prior to the start.
- **NO DISPOSABLE MASKS used at race start. We don’t want them littered throughout the course, or have our staff touch and pick them up.**
- At race finish, follow exit signs off course. Do not loiter around finish line area.
- Race results will be available online and via phone app.
- 15 min protest period after your race will be available. See a race official before results become final.
- Listen to staff instructions at all times.
- No neutral feed zone support provided by race organizer.
- One family member or team staff per rider in feed zone for amateur racing.





COVID-19 AWARDS PROTOCOL

- Masks will be required on podium.
- Podium will be top 3 riders in all race divisions.
- Podium schedule will be in order of race schedule and is posted on www.uscupmtb.com
- Podium will be open outdoor setting for maximum ventilation.
- No hugs, handshakes or touching on podium with other athletes.
- Participants will grab their own award placed on a table on their way to podium.
- Masks will be required on podium.
- Limited crowds allowed at podium presentation and must observe social distancing and wear mask.
- Staff photographer to offer online photo's for purchase.

Awards Ceremony Utilizing Social Distancing

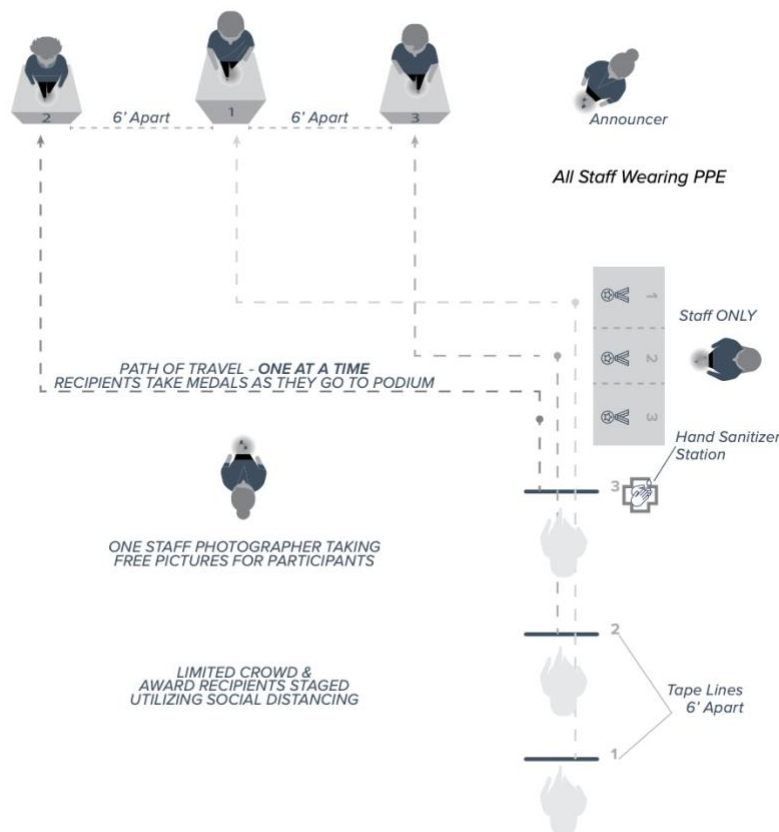


Diagram courtesy of USA Cycling

COVID-19 RESTROOMS

- Porta a potties spaced 6' apart.
- Hand wash station(s) will be provided at porta potties.
- Participants encouraged to bring hand sanitizer as well.
- Social distancing lanes will be in place.
- Mask required while in line for restrooms.
- Monitored by staff.

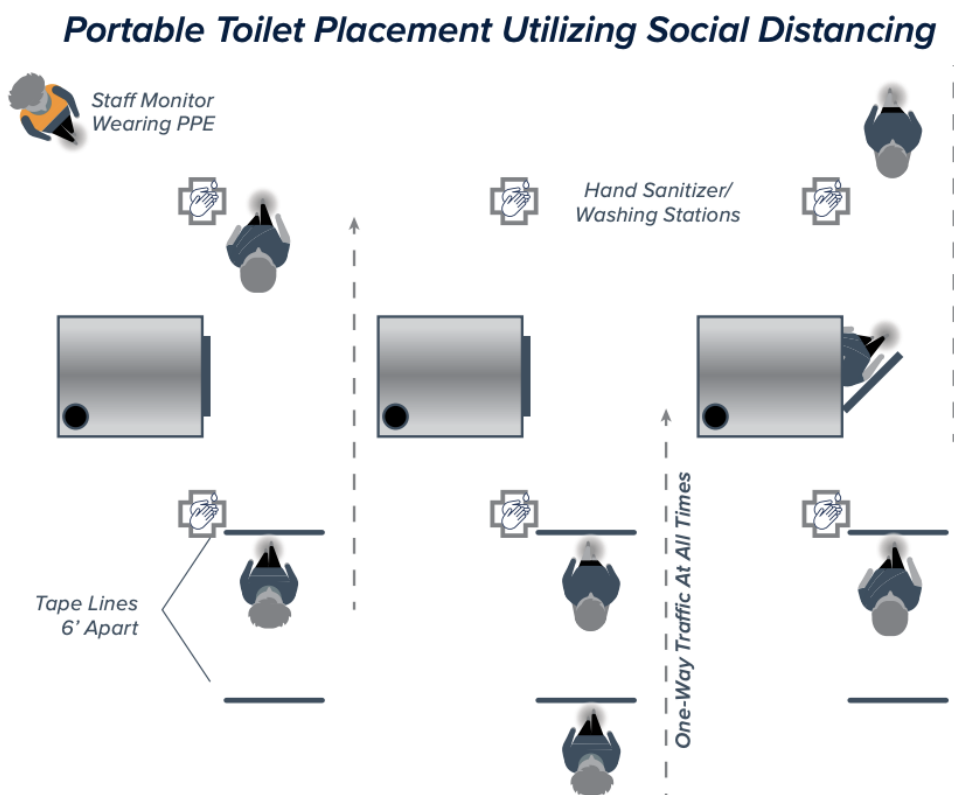


Diagram courtesy of USA Cycling